

Daily Dose

We're kicking off a remote wellness initiative! Each day, we'll share a way to support our mental and physical health or our community.



Motivation Monday 1

We'll share an inspirational client story or uplifting message.



2 Takeout Tuesday

Help stimulate our community by getting takeout. Share where you got your meal from or post a picture on #hellogoodbye every Tuesday.



3 Wisebird Wednesday

Wisebirds can be used at local organizations. If you'd like to contribute a virtual Wisebird, please send an email to ops@wisetail.com by EOD each Wednesday!



4 Thoughtful Thursday

We're donating our weekly catered lunches to a client still operating or a first responder team.



5 Fitness Friday

Let's stay motivated and active during this lockdown! We'll be sharing a virtual workout and remember...hot laps are still a thing!